

# *Footprints in the Sand*

*One night a man had a dream. He dreamed he was walking along the beach with the LORD.*

*Across the sky flashed scenes from his life.  
For each scene he noticed two sets of footprints in the sand: one belonging to him, and the other to the LORD.*

*When the last scene of his life flashed before him, he looked back at the footprints in the sand.*

*He noticed that many times along the path of his life there was only one set of footprints.*

*He also noticed that it happened at the very lowest and saddest times in his life.*

*This really bothered him and he questioned the LORD about it: "LORD, you said that once I decided to follow you, you'd walk with me all the way".*

*But I have noticed that during the most troublesome times in my life, there is only one set of footprints.  
I don't understand why when I needed you most you would leave me."*

*The LORD replied: "My son, my precious child, I love you and I would never leave you. During your times of trial and suffering, when you see only one set of footprints, it was then that I carried you."*